



## United Nations Commission on Population and Development

Fortieth Session

9 April - 13 April 2002

Item 4 of the Provisional Agenda

### AARP Statement

#### To the Fortieth Session of the Commission on Population and Development "The Changing Age Structures of Populations and their Implications for Development"

Mister Chairman let me congratulate you on your election.

AARP, a non-governmental organization in Consultative Status with ECOSOC, commutes the Commission on Population and Development and the United Nations Secretariat on the theme of this year's meeting and the two Reports of the Secretary-General on "Changing Age Structures of Populations and their Implications for Development" (E/CN.1/2002/3 and E/CN.1/2002/7/4).

The two reports bear witness to the fact that population aging constitutes one of the most significant global trends which will impact each individual regardless of whether we live in the more or less developed parts of the world. As an organization of 38 million members in 120 countries, the central interests of persons over 50 and over all through our international outreach and research, AARP is keenly aware that in order to formulate consistent, effective and appropriate policies at the regional, national and local levels, we cannot take a narrow approach when we look at the aging of our societies. All our countries have an increasing numbers of older persons. We must follow the example of this year's Commission theme and take a holistic view by looking at the entire changing age structures in our societies and the effects on different age groups. Only then can we begin to understand the impact of trends in population aging and to formulate the policies that will enhance the quality of life for all persons as we age.

Much has been written and said for example in the United States (US), Europe and Japan about the coming "age wave" of baby boomers (i.e. the generation born after 1946) and the fact that this very large cohort will enter into retirement during the next few decades. Presumably, this will put enormous financial pressures on health and social protection systems. But AARP believes that ultimately countries will have to consider the social protection system as an opportunity to renew and improve it. AARP also believes that there are important lessons to be learned from countries which will experience similar or even accelerated trends like Asian countries in the future, ten twenty or even thirty years from now.

We believe that access to affordable quality health care is a fundamental right, and poverty alleviation and indeed income security at older ages for all are the cornerstones for ensuring the well-being for our societies as we age. Older people who are in good health will be able to continue to work and contribute to the well-being of their families and communities in many different ways. Maintaining good health throughout the life course is therefore of paramount

importance as it will result in a lower rate of decline in the labor force. It is also important to remain in the labor force as they age and if they choose, and providing access to training and continuing education in order to keep skills up to date, will provide more security for older persons and their families over the life course. Last but not least, the role of older persons as caregivers of the young and the disabled, especially in rural areas, is significant and should be recognized and supported whenever possible in all societies.

Recent surveys conducted by AARP confirm that peoples everywhere expect 'real' solutions through policies to enhance the opportunity of aging. Countries now preparing for the future aging of their populations have a unique opportunity to learn from those countries whose positive and negative – of countries where population aging is already more advanced. Countries which are already older in demographic terms and which have already gained significant experience in finding solutions in the areas of income security, health care, and long-term care, should be willing to assist those countries still struggling to provide these basic benefits to both younger and older persons. Countries that are already older usually have much more traditional societies where older people are estimated to play essential roles in income and income generation.

AARP International stands ready to continue to provide a platform for the international exchange of knowledge on policies, research and practice in health care, with the concerns of both the young and the old are taken into account.

It is clear that the challenges ahead are significant. How do we combat aging in a way that is sustainable? How do we ensure that our policies are not only to bring people along but are also to move them in the right direction? How do we make sure that the right kind of taxes are in place? As mentioned earlier, the right kind of taxes are those that encourage savings and incentives for saving. In addition, how do we encourage individuals to live longer, healthier lives? This can be done with a healthy diet, exercise, and mental stimulation. We must also ensure that our economy is strong and stable so that individuals can continue to work and contribute to society. We must also ensure that our political institutions are strong and transparent so that individuals can trust in our system. In addition, we must work together to develop effective policies that will help individuals live longer and healthier lives.

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