

FEMM CPD51 Oral Statement

Madam/Mister Chair, distinguished delegates, ladies and gentlemen. I represent the FEMM Foundation. FEMM is a knowledge-based health program for women inspired by women's right to be informed participants in their own healthcare.

~~Sustainable cities require the realization of all aspects of development. Health is part of~~

that, as recognized in Sustainable Development Goal 3. Health impacts the personal, social, and economic aspects of people's lives. Poor health can also lead to isolation, even in cities, and prevent people from using their gifts and talents to realize their personal and professional goals. FEMM's mission is to ensure that women's health needs are through health education, medical research, and improving reproductive healthcare.

Women and girls are vulnerable to health problems due to both biological and social reasons. They represent roughly half the population of cities but often struggle to access quality healthcare and have their needs met. Informed consent is a cornerstone of access to quality healthcare; it requires options, information, and understanding. Understanding is key to the other

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“normal.” But while these are common, they are not normal. Many of these symptoms indicate underlying hormonal abnormalities, and women who understand their bodies know when they

need medical care.

It is not enough to know there is a problem; women need and deserve solutions. By synthesizing existing research and conducting new research, FEMM’s researchers have identified what constitutes sufficient levels for nine essential hormones. They have created a medical