

The place of Comprehensive Sexuality Education in preparing children & adolescents to make & act on choices for healthy & happy lives.

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Bringing the threads together

What are the implications of our understanding of brain maturation, & cognitive/social/ emotional development in adolescents for our work ?

COMMUNICATION:

- Assess adolescents' life circumstances & cognitive development
- Match communication with where adolescents are
- Stimulate them to reason & to think creatively
- Help them understand the effects of emotions & the presence of peers on their actions

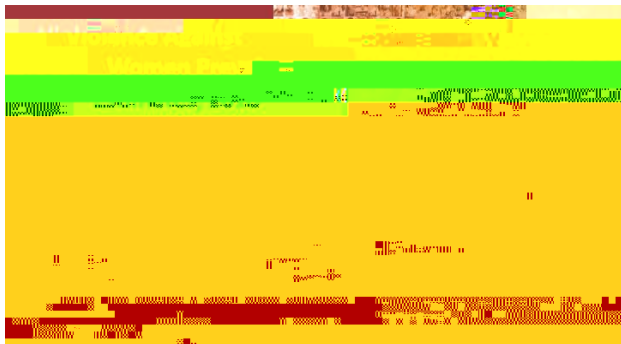
BUILDING SKILLS:

- Build their decision making skills: Stimulate them to consider how they would decide & act on their decisions
- Build their emotional & social competencies (self awareness, self management, social awareness, social management)

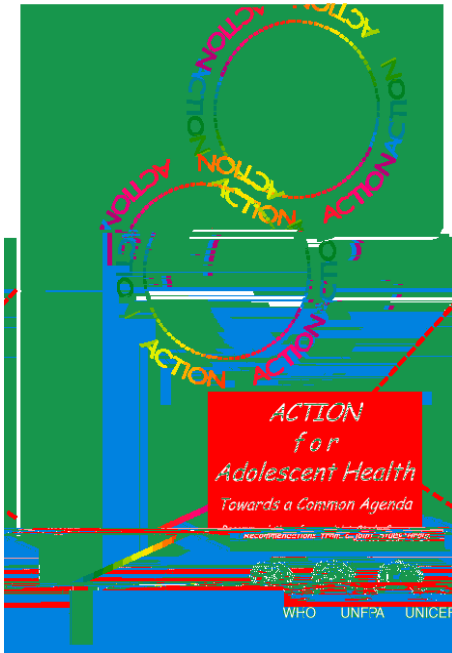
ASSURE SAFETY:

2/5 What do we mean by Comprehensive Sexuality Education?

3/5 Why do children & adolescents need Comprehensive Sexuality Education?



What do children & adolescents need to grow & develop in good health ?

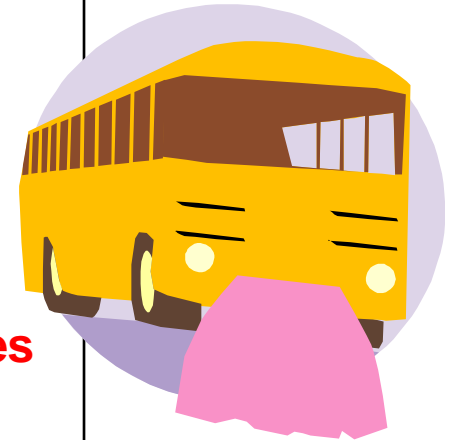


Information & skills
(they are still developing)

Safe & supportive environment

(they live in an adult world)

Health & counselling services
(they need a safety net)



A sense of connection & belonging to their families, their schools & their communities

A sense of hope & optimism built on opportunities *to get* (e.g. to study & to work) & *to give* (i.e. to contribute to those around them)

A sense of spirituality, that is above & beyond any specific religious group or affiliation

5/5 Who needs to provide Comprehensive Sexuality Education ?

