





For the long term, the UNSW Men's Mental Health Strategy aims to create a pool and process that integrates men's mental health and well-being into core operations and an evidence-based management model, and embed men's mental health considerations at the highest level of UN management.

Some in the next few months, to be implemented over the next 1-3 years.

Launched at the end of 2023, the Strategy builds on work planned over a decade. In the initial phase, the work focused on the UN agencies' resilience and the role of care and support. Over time, the focus evolved into developing a men's mental health strategy across all UN agencies worldwide. Now that this is done, the focus is on putting the strategy into practice across the UN system.

Efforts to improve men's mental health in the workplace are not new. This is where we are now looking to embed the work; it's about building on existing good work. The challenge is to scale this work and address the need. That's why the Strategy has launched the strategy and the hope is to see one day it's a reality.

As for the future, the strategy is a good start. We know that building resilience, improving men's mental health. This can be done through high staff engagement, productivity and morale. Ultimately, the work will be done on our mandate, which needs to be understood at the highest level of the organization.

The Strategy is public and available online. It includes a wide range of components, such as key messages, policies, main themes, men's mental health practice, management, and activities for implementation.

The Strategy and the ongoing work have some things for the one-to-one staff member, a manager or the organization.

The UN agencies have a role in the Strategy Implementation Board, which is guiding the roll-out of the Strategy. Staff representation, through the Board, is also ensuring that the Strategy is implemented across the UNSW system. Staff members specialized in areas such as organizational management, men's mental health, family, stigma and discrimination education through a high management level, a welcome opportunity through the organization if they could do the ongoing work.